

ROY UPTON BRIEF BIO

Roy Upton, RH, DipAyu has been working and practicing professionally as an herbalist since 1981. He is trained in Ayurvedic, Traditional Chinese, and Western herbal medicine and has also studied and worked extensively with Native American and Caribbean ethnobotanical traditions. He is the founder, executive director, and editor of the American Herbal Pharmacopoeia (AHP). Roy serves on botanical expert advisory committees of AOAC International, the American Botanical Council, NSF International, the journal *Chinese Herbal Medicines*, and the *World Journal of Traditional Chinese Medicine*. Roy is actively involved in many aspects of herbal product quality control as Director of the California-based herbal company Planetary Herbals, as a member of the Standards Committee of the American Herbal Products Association, and member of the Expert Advisory Committee for the *Botanical Safety Handbook*.

In 2004, Roy was awarded the James Lind Scientific Achievement Award; in 2011, the James Duke Excellence in Botanical Literature Award (Technical) from the American Botanical Council; and in 2020, the Outstanding International Ethnopharmacologist Award from the International Society for Ethnopharmacology.

As an integral part of his work as an herbalist, Roy spends a great deal of time defending the rights of people to access herbal medicines and to see herbal medicine integrated into the fabric of both our homes and health care systems.